

UTRGV-EHS-CCP Program

Infants: Remote Teaching Instructional Guide

Week of: March 29-April 2, 2021

Classroom Teachers and Room Number:

Director or Center Manager Approval:

Parent Acknowledgement:

Date:

Date:

Learning Outcomes: This week children will learn about hearts and stars. These shapes are generally some of the first that children recognize because they see these shapes in holiday decoration.

Learning Goals:

- Develops a feeling of being valued as an important individual who belongs within the group setting (B.2.h)
- Begin to learn and internalize rules, routines, and directions (B.4.b)
- Response to an interact with others (B.4.b.)

<u>Mental Health:</u>	<u>Unite</u>	<u>Calm</u>	<u>Connect</u>	<u>Commit</u>
Dr. Bailey's Conscience Discipline Strategies	Morning Song: Good Morning to you.	 <p>Teach children the S.T.A.R. relaxation strategy. Smile, Take a deep breath. And Relax</p>	 <p>Give each child a red heart. Point out that hearts are used to make valentines we give to our friends to let them know that we like them. Tell children they are going to exchange valentines with a friend and then give their friend a hug.</p>	 <p>Discuss listening to other children "big voices." Explain that a big voice is what children use to tell others that they don't like something.</p>



Morning Message Sentences: 1. The red heart.





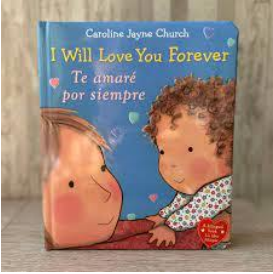
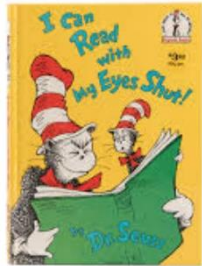


2. The heart-shaped cookie.



Literacy

Theme: Week :	Readiness Skill Literacy Must Do's: Sing the ABC Song	Family Connection	Nursery Rhyme/Song	Enrichment Activities	<u>1 Parent Tip, 1 Milestone,</u> <u>1 Special Needs Adaptations</u>
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<p>Wonderful Words of the Week:</p> <p>HEART, SHAPE</p> <p>Language Enhancement: (Use sign language for vocabulary words) Use your classroom mascot to encourage participation and language opportunities as you interact with the child/children.</p> <div data-bbox="113 873 270 1084">  <p>heart corazón</p> </div> <div data-bbox="113 1125 285 1357">  <p>shape figura</p> </div>	<p>Readiness Skill</p> <p>Title of Story: "Heart"</p>  <p>Read A Loud Tips: Use different type of tones.</p> <p>Discussion:</p> <ul style="list-style-type: none"> •What can you see on cover of the book? •What color is the heart in the book? •Where can we see our heart? <p>Learning Goals: Develops a feeling of being valued as an important individual who belongs within the group setting (B.2.h.)</p> <p>Learning Outcomes: Children will learn about hearts, because they see these shape in holiday decorations.</p> <p>Materials:</p> <ol style="list-style-type: none"> 1.Book "Heart" 2.Emotional card: (Happy, Sad, Angry, Excited) <p>Procedures:</p> <ol style="list-style-type: none"> 1.Ask the child how they are feeling today (Happy, Sad, Angry, Excited) 2.Introduce the book to the child. 3.Show and name the parts of the book (Front cover, Back cover, Spine) 4.Read the book to the child 	<p>Family Connection</p> <p>Card Number or Newsletter:</p> <p>#24 Read to your baby</p>  <p>Family Game: "I will love you forever"</p>  <p>Materials: Link: https://youtu.be/1ltSb2_Wqtm</p> <p>Procedure:</p> <ol style="list-style-type: none"> 1. Interact with the child while listening to the story. 	<p>Nursery Rhyme/s</p> <p>"Skidamarink a Dink" https://youtu.be/n-x1fGJtViA</p> <p>Entrance Song: "ABC Song" https://youtu.be/wfWQf6gkf5M</p> <p>Closing Song:</p> <p>"Goodbye to you" https://youtu.be/STM4yiPpoM</p>	<p>Enrichment Activities</p> <p>Enrichment Activities</p> <p>Activity Title: I can read with my eyes shut!</p>  <p>Materials: Link: https://youtu.be/SXqusEWq0e4</p> <p>Procedure:</p> <p>Encourage the child to listen the story.</p>	<p>1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations</p> <p>Parent Tips: All shapes are geometric. Some are simple and some are more complex. Hearts, squares, and circles are simple.</p> <p>Milestone: 4-6 Month Is able to be comforted by cuddling or a parent's touch. Is not fearful of everyday sounds.</p> <p>Adaptation: Show objects or images related to the heart as an example</p>
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Questions (Before, During, After):

Before: What color is the heart?

During: who brings joy to everyone?

After: Who will you give a heart to? Why?



English YouTube Video:



Spanish YouTube Video:



Math

Wonderful Words of the Week:
-Heart
-Shape

Language Enhancement:
(Use sign language for vocabulary words)



heart
corazón



shape
figura

Readiness Skill

Title of Activity:
Let's Match Shapes!



Learning Goals:

(D.3.a) Recognizes familiar people, places, and things.

Learning Outcomes:

This week children will learn about hearts. These shapes are generally some of the first that children recognize because they see these shapes in holiday decorations.

Materials:

-Emotion Cards (Happy, Sad, Excited and Angry)
-White Paper/White Construction Paper (x2)
-Markers

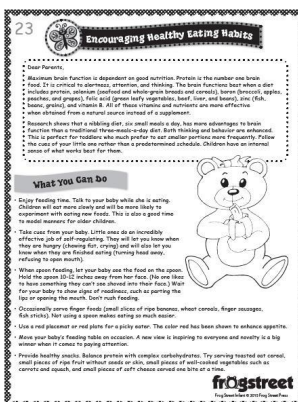
Procedures:

-Ask your child how they are feeling at that moment (Happy, Sad, Excited or Angry)
-Show the child which emotion card fits what they are feeling
-Fold 1 paper in 4's
-Draw a shape in each box using a different colored marker

- 1 circle
- 1 heart
- 1 square

Family Connection

Card Number or Newsletter:
#23



Family Game:

Small to Large Hearts



-Pre-Cut 3 different sized hearts
-Encourage your child to arrange the 3 hearts from smallest to biggest

Nursery Rhyme/s

"Shapes are all Around."

<https://www.youtube.com/watch?v=lcI8uB2AWM0>

Entrance Song:

"Hello Friends"

<https://www.youtube.com/watch?v=3yWlu30lqKA>

Closing Song:

"See You Later Alligator."

<https://www.youtube.com/watch?v=2QkhX7R7K7U>

Enrichment Activities

Activity Title:

1 Fish, 2 Fish, Red Fish, Blue Fish



Materials:

-Construction Paper/Lined Paper
-Red Paint
-Blue Paint
-Markers (Black, red and blue)

Procedure:

- 1.Pre-Cut the fishbowl before doing the activity.
- 2.Paint one of your child's hands **red** and make their handprint on one side of the fishbowl.
- 3.Paint your child's opposite hand **blue** and make their handprint on the other side of the fishbowl.
- 4.Once the paint is dry, make the smile and eye on the fish.
- 5.Label the top and bottom of the fishbowl as shown on the picture.

1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations

Parent Tip:

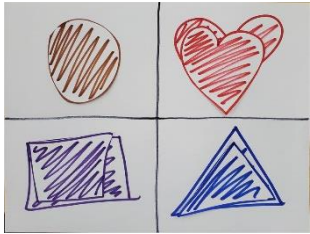


Toddlers are not able to process information as quickly as adults and older children can. They are also new at expressing themselves. Be patient waiting for a response and you will be surprised at how quickly little ones improve their speed and accuracy when responding. Waiting also conveys that you respect their thoughts and ideas.

Milestone:

Watches the path of something as it falls.

Adaptation:

Cover some shapes with a sticky-note so

<div>■ 1 triangle</div> <div>-On the other paper, draw the same shapes (pre-cut them before doing this activity with your child)</div> <div>-Hand your child the pre-cut shapes and encourage your child to match the shapes on the paper where you drew the shapes</div> <div>Questions (Before, During, After):</div> <div>Before: Can you describe what a heart is?</div> <div>During: What color did you use for your shapes?</div> <div>After: Which shape is your favorite? Why?</div> <div></div> <div>English YouTube Video:</div> <div></div> <div>Spanish YouTube Video:</div> <div></div>				<div>your child will not be overwhelmed. You can start with the heart and triangle and gradually add the other shapes.</div>
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Wonderful Words of the Week:
Shape
Heart

Language Enhancement:
(Use sign language for vocabulary words)



shape
figura



heart
corazón

Readiness Skill

Title of Activity: Baking Cookies



Learning Goals: (D.1.c.)- Shows interest in colors, shapes, patterns, and pictures.

Learning Outcomes: This week children will learn about the shape heart.

Materials:

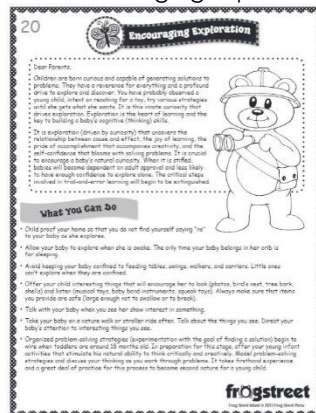
- Play dough
- Heart cookie cutter
- Cookie sheet
- Emotion cards

Procedures:

1. Use emotion cards to ask children how they are feeling today. (Happy, sad, angry or excited)
2. To make the cookies roll play dough onto the table using your hands.
3. Use heart shaped cookie cutter to cut the cookies.
4. Take off the extra play dough around the hearts.
5. Place the hearts onto the cookie sheet and then place sheet into the oven.
6. Place cookies in the oven for a few seconds and then remove sheet from the oven. Let your cookies cool for a few seconds then enjoy. Pretend to eat the cookies.

Family Connection

Card Number or Newsletter:
#20 Encouraging Exploration



Family Game:

Made with Love



Encourage children to help you create a sandwich. Use your cookie cutter to cut your sandwich into the shape of a heart.

Nursery Rhyme/s

Happy Heart
Disco
<https://youtu.be/1MuOLT5UmI>

Entrance Song:
The More We Get Together
<https://youtu.be/SpZLA-w1l8s>

Closing Song:
Goodbye friends
<https://youtu.be/2O975ewRT7Q>

Enrichment Activities

Activity Title:
Growing Hearts



Materials:

- Paint
- Cookie Cutter
- Paper

Procedure:

Talk to children about the Grinch and how his heart was 3 times too small. Encourage children to grow his heart by stamping hearts onto a sheet of paper by placing the cookie cutter into the paint and then using the cookie cutter as a stamp.

1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations

- Encourage your child's growing independence by letting him help with feeding himself.
- By age of 18 months child plays simple pretend, such as feeding a doll.
- You can also use real cookie dough and food coloring since child might place the play dough in their mouth.



Questions (Before, During, After):

Before: How do you think a heart shaped cookie will taste?

During: What is going to happen when you put the cookies in the oven?

After: How do the cookies taste?

English YouTube Video:



Spanish YouTube Video:



Art/Creativity Station

Wonderful Words of the Week:

Shape
Heart

Language Enhancement:



heart
corazón



shape
figura

Readiness Skill:

Title of Story:
Heart Rainbow



Learning Goals:

(B.3.e.) Begins to learn and internalize rules, routines, and directions.

Learning Outcomes:

This week children will learn about the heart shape. This shape is generally some of the first that children recognize because they see it in holiday decorations.

Materials:

1. Paper Plates
2. Different color construction paper cut in heart shape.
3. Glue
4. Scissors (parent use only)
5. Emotions cards (happy, sad, mad, excited)

Procedures:

1. Gather your materials.
2. Before you begin the activity talk to your child

Family Connection

Card Number or Newsletter: #24



Family Game:



Pin the Heart on the Grinch: Print the Grinch onto green paper and then add red heart cut outs by having children "stick" the Grinch's heart in the correct place.

Nursery Rhyme/s

"Explore the Heart Shape"

<https://youtu.be/uoDA-R2ty3Y>

Entrance Song:
"Hello Friends"

<https://youtu.be/3ywlu30lqKA>

Closing Song:
"See you later, alligator"

<https://youtu.be/l3jDgBKD9IO>

Enrichment Activities

Activity Title:
Don't Step on a Heart



Materials:

Chalk

Procedure:

Use chalk to draw hearts on the sidewalk. Challenge children to walk on the sidewalk without stepping on a heart.

1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations

Parent tip: Talk about what your baby wants when she/he points at something.

Milestone: At this age baby will move things smoothly from one hand to the other.

Adaptations: You can modify this activity by singing a song of rainbows.

about how you feel today using the emotion cards and choose the one you are feeling, then ask your child how he/she feels.

3. Cut the paper plates in half and cut out a half circle form the middle.
4. Add glue on the back of each heart.
5. Add the hearts onto your rainbow craft plate anywhere you like.



Questions (Before, During, After):

Before: Do you know what a rainbow is?

During: Where might you see a heart shape?

After: What happened after placing all the hearts on the paper plate?

English YouTube Video: 

Spanish YouTube Video: 

STEAM Building Structures

Wonderful Words of the Week:
Shape,
Heart
Language Enhancement:
(Use sign language for vocabulary)



words)

Readiness Skill

Title of Activity:
Blooming Hearts



Learning Goals:

(D.1.a) Pays attention and exhibits curiosity in objects.

Learning Outcomes:

This week children will learn about hearts and stars. These shapes are generally some of the first that children recognize because they see these shapes in holiday decorations.

Materials:

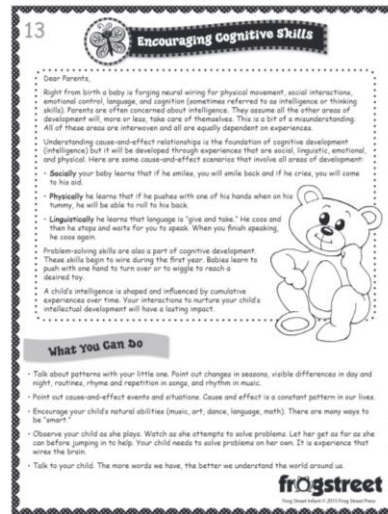
- Emotion cards
- construction paper
- shallow pan with water
- scissors (keep away from child)

Procedures:

1. Take out your emotion cards and ask child how they feel.
2. Cut hearts using construction paper, have many cut out beforehand for child to use. (Always keep scissors away from child).
3. Fold all the hearts up like in following picture: -----
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Family Connection

Card Number or Newsletter:
13



Family Game:

"The Cat in the Hat" Activity



Cut the bottom out of the cup you'll be using. Then use the white tape to make several white stripes around the cup. The cup now looks like the Cat in the Hat's hat, with a hole in the top. Place the red and white pom-poms out with the cups. Let the child fill the cups with the pom-poms!

Nursery Rhyme/s

Explore the Heart Shape
<https://www.youtube.com/watch?v=uoDA-R2ty3Y&feature=youtu.be>

Entrance Song:

Hello Friends
<https://youtu.be/3ywlU30laKA>

Closing Song:

See you later, alligator
<https://www.youtube.com/watch?v=2QkhX7R7K7U>

Enrichment Activities

Activity Title:
Heart Collage



Materials:

- Construction Paper
- Scissors (Always keep scissors away from child)
- Glue

Procedure:

Using the same hearts from the previous activity, have child stick down the paper hearts on a bigger heart (also made from construction paper). Put glue on the hearts and have child grab and place them on the paper.

1 Parent Tip, 1

Milestone.

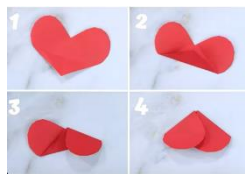
1 Special Needs

Adaptations

Parent Tip: Encourage the child to grab the folded heart one by one and place it in container. You can count together to make it more fun.

Milestone: At this age, babies show curiosity about things and tries to get things that are out of reach.

Adaptation: Parents can modify this activity by using something other than water if they are not comfortable. For example, you can use sand, etc.



4. Take your shallow pan and pour water into it.
5. Have child drop in folded hearts into the pan one by one as they watch it expand. Discuss what is



happening to the hearts.



Questions (Before, During, After):

Before: What do you think will happen when we place the heart into the water?

During: Why do you think the heart opened?

After: Tell me what you learned about this activity?



English YouTube Video:



Spanish YouTube Video:

Social Emotional Development

Wonderful Words of the Week:

Shape
Heart

Language Enhancement:
(Use sign language for vocabulary words)



shape
figura



heart
corazón

Readiness Skill

Title of Activity: Color Your Heart



Learning Goals:

(D.1.c.)- Shows interest in colors, shapes, patterns, and pictures.

Learning Outcomes: This week children will learn about the shape hearts.

Materials:

- emotion cards
- crayons
- white paper
- scissors

Procedures:

- Using emotion cards explain to children how colors can be used to show feelings. (Blue=Sad, Red=Mad, Yellow=Happy)
- Cut out a heart shape from a white sheet of paper. (Be careful when using scissors around children)
- Ask children how they are feeling and color your heart based on how you feel today.

Family Connection

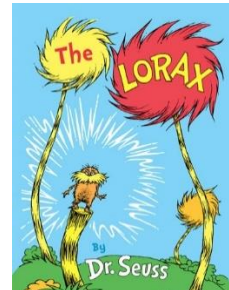
Card Number or Newsletter:

#11 Encouraging Healthy Emotional Growth



Family Game:

The Lorax



Read the book the Lorax to your children. Talk to children about how the specs are flowers. Look for flowers in your back yard. Give the flowers to someone you care about.

Nursery Rhyme/s

Happy Heart

https://youtu.be/KnAOsR_loc0

Entrance Song:

The More We Get Together

<https://youtu.be/SpzLA-w1l8s>

Closing Song:

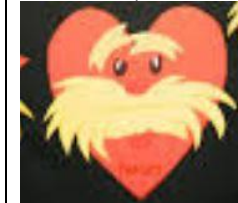
Goodbye friends

<https://youtu.be/2O975ewRT7Q>

Enrichment Activities

Activity Title:

Heart Shaped Lorax



Materials:

- Yellow construction paper
- Orange construction paper
- Black construction paper
- Scissors
- Glue

Procedure:




- Use scissors to cut a big heart out of the orange construction paper. (Be careful when using scissors around children)
- Cut out some eyebrows and a moustache from the yellow construction paper.
- Cut out two small circles for the eyes from the black construction paper.
- Encourage child to glue the pieces onto the orange heart to create the Lorax.

1 Parent Tip, 1 Milestone,

1 Special Needs

Adaptations

- Children require an understanding caregiver who remains calm and compassionate as they struggle to become independent. Be resourceful in recognizing and encouraging self-reliant behavior while at the same time setting clear limits. When appropriate, encourage children to solve their own problems.
- By the age of 4 months child can copy some movements and facial expressions, like smiling or frowning.
- If child is not yet able to hold a crayon assist child hand on hand or have child use paint instead of crayons.

	 <p>Questions (Before, During, After):</p> <p>Before: What color are you feeling?</p> <p>During: What part of the heart are you going to color first?</p> <p>After: How do you feel now that you finished coloring your heart?</p> <p>English YouTube Video: </p> <p>Spanish YouTube Video: </p>				
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Physical Development					
Wonderful Words of the Week:	<u>Readiness Skill</u>	<u>Family Connection</u>	<u>Nursery Rhyme/s</u>	<u>Enrichment Activities</u>	<u>1 Parent Tip, 1 Milestone.</u>
	Title of Story:	Card Number or Newsletter:	"Heart shape song"	Activity Title:	

Heart Shape

Language Enhancement:



shape
figura



heart
corazón

"Shape toss"



Learning Goals:

(A.3.b) Develops control of small muscles for manipulation and exploration.

Learning Outcomes:

This week children will learn about hearts and stars. These shapes are generally some of the first that children recognize because they see these shapes in holiday decorations.

Materials:

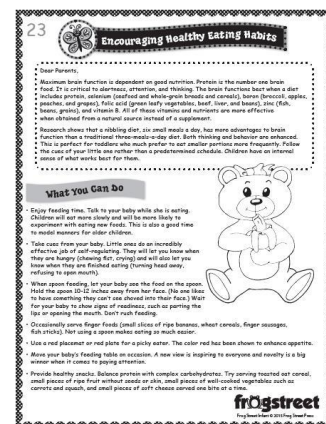
- Emotion Props
- Heart paper cut out
- Construction paper
- Bean bags/Sock with beans

Procedures:

- 1) The teacher will acknowledge the child's emotions and will be using the emotion props (happy, sad, angry and excited.) Talk about emotions.
- 2) Place several cut out construction paper shaped hearts on the floor.
- 3) Invite the child to toss a beanbag on to each heart shape on the floor.
- 4) Point and talk about the heart shaped cut out and do sign language.

Questions (Before, During, After):

#23



Family Game: "Sensory Table"



Materials:

- Empty container
- Colored heart shaped cut outs

Procedure:

- 1) Challenge the child to place there hand into the container with water.
- 2) Ask the child to pick up a heart shape from the container.
- 3) Talk about how the water feels with the heart shape cut outs.

<https://youtu.be/OhLHETNRzOI>

Entrance Song:

"Hello Friends"

<https://youtu.be/3ywlw30lqK>

A

Closing Song:

"See you later alligator"

<https://youtu.be/2QkhX7R7KZU>

Dr. Seuss Egg Carton Hat

Stackable Egg Carton Dr. Seuss Hat



Materials:

- Empty egg cartons
- Red and white paint

Procedure:

- 1) Cut the sections of egg carton individually and set them aside.
- 2) Then paint several egg cartons in red and white paint and let them dry.
- 3) Stack your hat in the red, white, red pattern.

1 Special Needs

Adaptations

Parent Tip:

Have a heart "shape hunt" around the house or neighborhood.

Milestone:

Makes smoother movements with arms and legs.

Adaptation:

Cut heart shape from bubble wrap for children who are visually challenged.

Before: Can you describe what a heart is?
During: Can you name the shape where you tossed the beanbag?
After: How many heart shapes can you find on the floor?



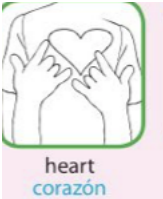
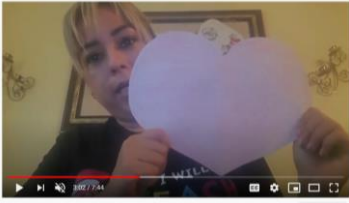

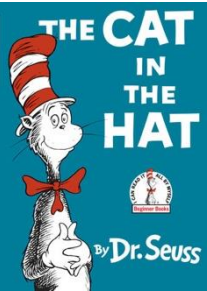

English YouTube
Video:



Spanish YouTube Video:



4) Discuss the colors and the shape of the heart in the container.

Music and Movement					
<p>Wonderful Words of the Week: Heart</p> <p>Language Enhancement: (Use sign language for vocabulary words)</p> 	<p>Readiness Skill Title of Activity: "Skidamarink"</p>  <p>Learning Goals: Responds to and interacts with others. (B.4.b.)</p> <p>Learning Outcomes: The child will call attention to the humps and points that are characteristic of the heart.</p> <p>Materials:</p> <ol style="list-style-type: none"> 1. Song" Skidamarink" 2. Paper 3. Crayons 4. Emotional cards: (Happy, Sad, Angry, Excited) <p>Procedures:</p> <ol style="list-style-type: none"> 1. Ask the child how they are feeling today (Happy, Sad, Angry, Excited) 2. Encourage the child to draw a heart. 3. Talk and explain the heart. 4. Sing the song "Skidamarink" dance and move along with the song. <p>Skidamarink a dink a dink, Skidamarink a doo, I love you. Skidamarink a dink a dink, Skidamarink a doo, I love you. I love you in the morning and in the afternoon. I love you in the evening and underneath the moon. Oh, Skidamarink a dink a dink, Skidamarink a doo, I love you!</p> <p>Questions (Before, During, After):</p> <p>Before: What do you think a heart, symbolize?</p>	<p>Family Connection</p> <p>Card Number or Newsletter: #24</p>  <p>Family Game: Dr Seuss "The Cat in the Hat"</p>  <p>Materials: Link: https://youtu.be/1hRRX4IG4w0</p> <p>Procedure:</p> <ol style="list-style-type: none"> 1. Interact with the child while listening to the story. 	<p>Nursery Rhyme/s</p> <p>"Skidamarink" https://youtu.be/6916kVhbEZw</p> <p>Entrance Song: Hello Friends https://youtu.be/3ywlu30lqKA</p> <p>Closing Song: Goodbye song https://youtu.be/STMl4yjPpoM</p>	<p>Enrichment Activities</p> <p>Activity Title: "I Love You."</p>  <p>Materials:</p> <ol style="list-style-type: none"> 1. Heart <p>Procedure:</p> <ol style="list-style-type: none"> 1. Tell your little one how much you love them. 2. Tell your baby about the things that make him/her special 3. Hold your baby's hand while you talk 4. Give your baby a hug, kiss, 5. All of the actions are understood by your child long before they understand your words. 	<p>1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations</p> <p>Parent Tips: Music and rhythms play a profound role in shaping the brain.</p> <p>Milestones: Copies sounds and gestures of others.</p> <p>Adaptation: Interact with child to hold their interest. (looking in the eyes).</p>

During: How many humps and points does a heart have?

After: Who do you love?



English YouTube Video:



Spanish YouTube Video:

